GOVERNMENT DEGREE COLLEGE,
JAMMALAMADUGU
(Reaccredited by NAAC With ' B ' Grade)
(Affiliated to Yogi Vemana University, Kadapa)
Ramireddy Palli Road, Y.S.R Kadapa District, Andhra Pradesh 516 434

Date: 04.11.2026

BRICS Sustainable Lifestyle Week (BSLW-2026)

(DAY FOUR)

ORGANISED BY ECO-CLUBS, ALL SCIENCE DEPARTMENTS



BRICS SUSTAINABLE LIFESTYLE WEEK (BSLW-2026)

ADOPT SUSTAINABLE FOOD SYSTEMS

Government Degree College, Jammalamadugu, Andhra Pradesh

Date: 04 November 2026

Venue: Government Degree College, Jammalamadugu

Programme Coordinators:

All Science Department Incharges

& Dr. S. Nagendra

Lecturer in English, NSS Coordinator

Introduction

Government Degree College, Jammalamadugu, Andhra Pradesh, organized Sustainable Food Systems Awareness Activities as part of BRICS Sustainable Lifestyle Week (BSLW–2026) on Wednesday, 04 November 2026. The programme is conducted to create awareness among faculty members and students about the importance of sustainable food practices, healthy dietary habits, food waste reduction, and environmental protection. The event was organized under the leadership of Vice Principal Dr. S. C. Sanjeeva Reddy. Faculty Members from all Science Departments along with Dr. S. Nagendra, Lecturer in English as well as NSS Co-Coordinator, besides other Faculty Members and students actively participated in the programme.

Aim

The main aim of the programme is to promote sustainable food lifestyles, encourage healthy and balanced dietary practices, and develop environmental responsibility among students and faculty members in accordance with the objectives of **BRICS Sustainable Lifestyle Week**.

Objectives

The programme is organized with the following objectives:

- To promote the concept of “Mitahara,” emphasizing a balanced yogic diet and the consumption of nutritious millet-based foods.

- To create awareness about sustainable food consumption and environmentally friendly dietary habits.
- To educate students and faculty members on the importance of food waste reduction and responsible food management.
- To conduct an awareness workshop on organic composting and the conversion of biodegradable food waste into useful manure.
- To encourage the adoption of sustainable food practices in daily life and promote environmental conservation.

Outcome

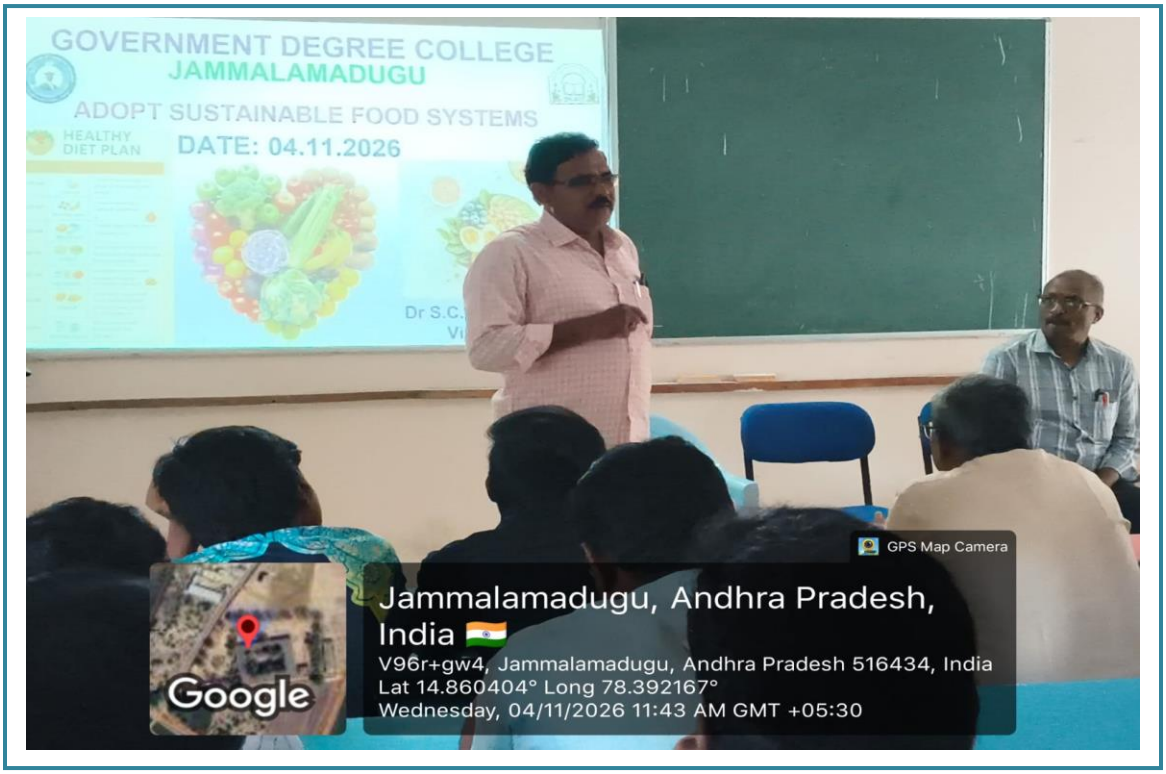
The awareness activities helped faculty members and students understand the significance of sustainable food systems and healthy dietary practices. Participants gained awareness of the importance of Mitahara, millet-based nutrition, and minimizing food waste. The workshop on organic composting highlighted the effective utilization of biodegradable waste for producing organic manure. The programme encouraged students to adopt responsible food consumption habits, reduce wastage, and contribute to a cleaner and greener environment. It also strengthened the spirit of collective responsibility towards sustainable living.

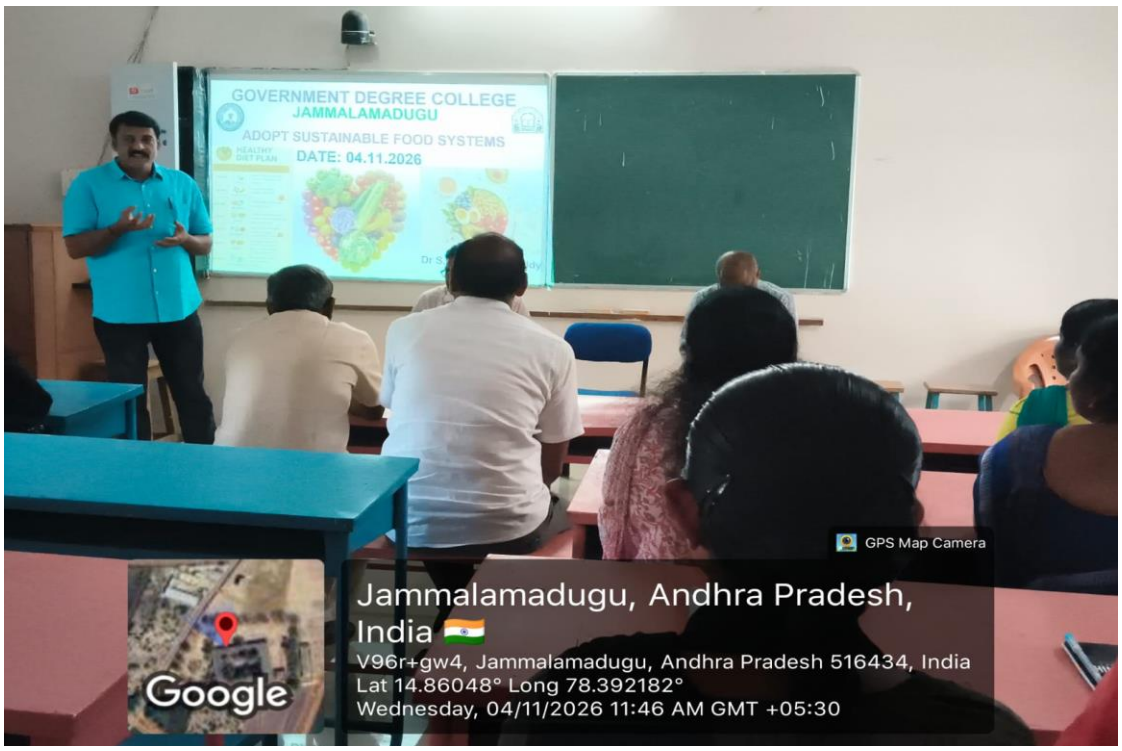
Conclusion

The Sustainable Food Systems Awareness Activities conducted under BRICS Sustainable Lifestyle Week (BSLW–2026) at Government Degree College, Jammalamadugu, are meaningful and informative. The programme successfully highlighted the importance of balanced nutrition, sustainable food consumption, food waste reduction, and organic composting. Under the guidance of Vice Principal Dr. S. C. Sanjeeva Reddy, and Dr. S. Nagendra NSS Coordinator the active participation of faculty members and students made the programme successful. The initiative inspired the college community to adopt eco-friendly food habits and contribute towards a healthier society and a sustainable future.

PHOTO EVIDENCES



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